



Q What topics are covered in a Megan Meier Foundation presentation?

Presentation content is customized based on age and appropriateness of the audience. We will work with you to determine which topics are best suited for your needs. Example topics include:

- Educational content on bullying and cyberbullying – recognizing signs and types
- Seeking help when witnessing or experiencing bullying and cyberbullying
- The story of Megan Taylor Meier – suicide awareness incorporated as appropriate
- Cultivating empathy and bystander vs. upstander behaviors
- Digital footprints and the lasting effects of our online actions
- Student Q&A with Tina Meier

Presentations also include a Breakout Session, a small group discussion that takes place after the initial presentation. More information on Breakout Sessions can be found below.

Q How long is a typical presentation?

Presentation length can be customized to fit your school or organization's needs, but in general:

- Elementary presentations last 45-60 minutes.
- Typical middle school or high school presentations last 60-75 minutes.
- Parent/Community/Educator & all other presentations last 75-90 minutes.

The audience usually likes to ask questions and come up to meet Tina Meier afterward, so we like to take time to accommodate for that after the presentations.

Q What is a "Breakout Session"?

The purpose of the breakout session is to gain an understanding of the bullying issues within the school from different students. Tina will then discuss ways to help prevent and solve these issues. Groups consist of 20-25 students from "all walks of life" – meaning students from different groups, not just the student council members or the football team. This way the school can get opinions of any present bullying issues from different groups of students with different perspectives.

Schools should choose students for the breakout sessions before the presentation. There is no additional charge for a breakout session and breakout sessions last 30-45 minutes.

Q What is a Leadership Workshop

Workshops are designed to educate students on issues surrounding bullying through meaningful, in-depth activities and provide practical principles and strategies that allow students to be leaders against bullying and cyberbullying. Workshop durations last approximately 3 hours in length. Groups consists of up to 35 diverse students to participate and engage in next steps and how to help create a safer, more accepting school and community. Students are engaged in additional conversations regarding the many issues surrounding (but not limited to) bullying and cyberbullying:

- Reflective group discussions
- Engaging activities
- Megan's Voice Action Plan development and implementation to support change

Frequently

Questions

Asked



Q How many students or other audience members does Tina typically present to?

These presentations can be delivered to as many or as few audience members as you would like. The most efficient and cost-effective way to present is to a large group in an assembly. Tina will present to as many people as can fit comfortably and safely in your venue. Everyone needs to be able to see, hear, and sit easily.

Q Is there a cost involved?

Yes. Speaking fees vary depending on the number of students you have, whether or not it is a keynote presentation, the number of presentations you schedule, and the location of the presentations. The speaking fee is a donation to the Megan Meier Foundation, 501 (c)(3) non-profit. When traveling out of state, we also ask that Tina's airfare, hotel, and airport transfers be paid for.

Our fee includes (2) presentations with (1) breakout session at no extra charge. To find out more about the cost to bring Tina Meier to your school, please contact the Megan Meier Foundation at 636-757-3501 or programs@meganmeierfoundation.org.

Q How can we afford to bring you to our school or organization?

Hiring a speaker is a great investment in your students and it can create a defining moment for the school. Here are some creative ways to make the budget work:

- **Team up with two or three other local schools and schedule multiple assemblies on the same day.** This cuts the speaking fee by at least 50% for your school and it helps the Megan Meier Foundation reach more students who may be in need of resources.
- **Find sponsors.** Make a list of the largest businesses or organizations in your area, and then go visit them in person. Ask them to underwrite the program and offer something in return (such as showing their logo at the event or letting them introduce the session). Examples: Rotary Club, Kiwanis, Lions Club, Elks, Chamber of Commerce. Remember: when they donate to the school, it's a tax write-off!

- Print off the brochure and **present it to your local PTO group.** If they can't fund it directly, they can normally steer you toward sponsors.
- **Check with your school administration** for funding provided by the Associated Student Body. For teacher in-service programs, ask about Staff Development – Title VI funding.
- **Apply for other grant monies** from your state by contacting your state Department of Human Services and State Department of Education. They can then direct you to the correct office. Contact other local agencies in your county that already have grant monies from state agencies. For example, the Criminal Justice Department or Department of Public Safety might have dispersed funds into mental health agencies or programs mentoring youth.
- Plan to **integrate Tina's presentation into a major theme** such as Anti-Bullying Week, Mental Illness Awareness Week, Character Education, etc. Depending on your theme, federal grant money may be available. Check with your school district or federal government office to find out who is dispensing these funds in your state and how to request an application.
- **Consider a virtual presentation or purchase our educational video.** If a keynote presentation is out of your budget, consider scheduling a virtual presentation and Q&A with Tina Meier. Even more affordable is our educational video with detailed curriculum and discussion questions included. Contact us to learn more!



Frequently

Questions

Asked



Q What presentation formats do you offer?

We offer a variety of presentation formats designed to fit all age groups, audiences, and settings. You can select the format that works best for your school or organization. Our formats include:

- **In-Person Presentation with Tina Meier** – Tina will come to your school or business and give a live presentation about bullying, cyberbullying, and her daughter Megan. This option also includes a small group breakout session after the presentation.
- **Virtual Presentation with Tina Meier** – Tina will deliver her live presentation to you via webcam. Additionally, this option includes an interactive Q&A session. Virtual presentations typically last for approximately 60 minutes. We will accommodate whatever video calling service you prefer (Zoom, Skype, Google Meet, etc.)
- **Educational Video with Curriculum** – This cost-effective option includes our anti-bullying video, in which Tina shares her daughter's story while incorporating educational information on topics of bullying, cyberbullying, and suicide. Purchase of our video includes a supplemental trauma-informed curriculum for self-guided activities and classroom discussions. This curriculum can be done virtually or in person.

Q Can you provide references so I can speak to another school administrator about their experience with Tina Meier and the Megan Meier Foundation?

Yes, we can provide you with a list of school administrators that would be happy to speak with you about their experience. Please contact the Megan Meier Foundation at info@meganmeierfoundation.org
Subject: Presentation References.

Q Why should I book Tina Meier?

- Tina is an internationally recognized speaker on the topics of bullying, cyberbullying, and suicide prevention.
- Tina gives customized presentations and various topics based on extensive research.
- Tina has real-world, first-hand experience that is relatable to all ages.
- Tina gives conflict resolution ideas specific to different personalities.
- Tina has a genuine, personal interest in everyone's personal experiences and stories. She uses an empathetic approach to leave a lasting, life-changing impact.

Q How do I schedule a presentation with the Megan Meier Foundation?

Contact our office at **636-757-3501** or email programs@meganmeierfoundation.org.

