

Educational Presentations



MEGAN'S STORY: THE LASTING IMPACT OF BULLYING, CYBERBULLYING, & SUICIDE



Tina Meier's life changed dramatically on October 16, 2006, when her 13 year old daughter, Megan Taylor Meier, took her own life after being cyberbullied by an adult neighbor posing as a fictitious boy on MySpace. In 2007, Tina Meier founded the Megan Meier Foundation in St. Charles, Missouri, a non-profit organization that proactively addresses issues of bullying, cyberbullying, and suicide.

Tina Meier shares her daughter's story and shows first-hand the devastating effects of bullying, cyberbullying, and suicide. Megan's story touches students, parents, and educators in a deeply profound way reminding us to think before we speak, click, or act.

“

"You came to my school and very possibly could have saved my life. I was going through some tough times with bullying and such but since your visit, I feel like I'm OK again. I'm doing better in school, getting ready to graduate, and have a wonderful relationship with my family and friends. Thank you, you do such life-saving and heart touching work."

”

Tina Meier is available to speak to students, school staff, parents and other professionals in your community either virtually or in-person. From keynote presentations at major educational conferences to student leadership sessions, our staff will work with you to customize a series of presentations that fits your needs.

Book your presentation today!

ABOUT THE PRESENTATION

Megan Meier Foundation presentations address the issues of bullying and cyberbullying in today's modern world. Tina Meier shares the story of her daughter, Megan, and describes the devastating effects of bullying, cyberbullying, and suicide. Through Tina's inspirational and educational message, the audience develops an empathetic awareness and understanding of others and are empowered to,

Be Megan's voice... be the change!

PRESENTATION CONTENT

The topics discussed during Tina's presentations include Megan Taylor Meier's story, bullying, cyberbullying, digital footprints, sexting, bystanders vs. upstanders, empathy, suicide awareness, and prevention. Presentations promote help-seeking behaviors. All content is adjusted based on age-appropriateness and the specific needs of the school/organization. Pre-surveys are available and used to enhance program content to address specific needs within your community.

TYPES OF PRESENTATIONS

Tina Meier is available to speak to students, faculty, parents, and other professionals in your community. From keynote presentations at major educational conferences to student leadership sessions, our staff will work with you to customize a series of presentations that fit your specific needs. Presentations can be done in a variety of formats including:

- **In-Person Live** Keynote Address and Educational Presentation with Breakout Session
- **Live Virtual Presentation** via Preferred Video Calling Service (including Zoom or Google Meet) with Question/Answer Session
- **Educational Video and Curriculum** with Guided Activities and Classroom Discussions

Presentations are available for upper elementary students (grades 3-5), middle school students, high school students, college students, administrators and educators, parents and community members, and other professionals.

BOOK YOUR PRESENTATION

Email Programs@meganmeierfoundation.org or call the Megan Meier Foundation at **636-757-3501**.

Q How long is a typical Megan Meier Foundation presentation?

- Upper Elementary presentations last approximately 45 minutes.
- Middle or high school presentations last approximately 60-75 minutes.
- Parent/Community last approximately 60-75 minutes.
- Educators and all other professionals range from 60 minutes to a full day.

*Audience members usually ask questions and seek to meet Tina Meier following the presentation.

Q What kind of presentations does the Megan Meier Foundation offer?

All presentations can be customized to fit your needs:

- Upper Elementary School (grades 3-5)
- Middle School
- High School
- College
- Student Leadership
- Educators/Administrators
- Professionals
- Parent/Community

Q What is a "Breakout Session"?

The purpose of the Breakout Session is to gain an understanding of the bullying-related issues within the school and actively discuss realistic prevention tactics with a diverse small group of students. Groups consist of 20-25 students from all walks of life not just the student council members or athletic teams. Schools will get feedback from different groups of students with different perspectives. The goal is to help further inform schools regarding current student concerns as well as problem-solve and further support youth.

Schools should choose students for the Breakout Sessions before the presentation. There will be no additional charge for a Breakout Session. Breakout Sessions last approximately 60-75 minutes.

Q Are there options for virtual presentations?

Yes. Tina Meier is available to present in real time via any preferred video calling services (i.e. Zoom, Google Meet, Skype). We also offer an education video curriculum with guiding discussions and activities.

Q How many students or other audience members does Tina typically present to?

Presentations can be delivered to as many or as few audience members as you would like. The most efficient and cost-effective way to present is to a large group in an assembly. Everyone needs to be able to see, hear, and sit comfortably.

Q Is there a cost involved?

Yes. Speaking fees vary depending on how many presentations you would like, the medium of the presentation, and the travel required. When traveling out of state, we also ask that Tina's airfare, hotel, and airport transfers be paid for.

The fee for in person presentations includes (2) presentations with one breakout session at no extra charge. To find out more about the speaking fees, please contact the Megan Meier Foundation at 636-757-3501 or email directly to programs@meganmeierfoundation.org.

Q Can you provide references so I can speak to another school administrator about their experience with Tina Meier and the Megan Meier Foundation?

Yes. We can provide you with a list of school administrators that would be happy to speak with you about their experience. Please contact the Megan Meier Foundation at programs@meganmeierfoundation.org.

Q Why should I book Tina Meier?

1. Tina has shared Megan's Story nationally in multiple states in hundreds of presentations.
2. Tina gives customized presentations and various topics based on extensive research.
3. Tina has real-world, first-hand experience that is relatable to all ages.
4. Tina has a genuine, personal interest in everyone's experiences and stories. She uses an empathetic approach to leave a lasting, life-changing impact.

MISSION

The mission of the Megan Meier Foundation is to support and inspire actions to end bullying, cyberbullying, and suicide.

ORGANIZATIONAL INFORMATION

The Megan Meier Foundation was founded by Tina Meier in 2007 after her 13-year-old daughter, Megan, tragically took her own life following an online hoax perpetrated by an adult neighbor posing as a fictitious boy on MySpace. Tina has since committed to preventing this type of tragedy by helping other students, families, schools, and communities affected by bullying-related issues.

The Megan Meier Foundation seeks to impact the nearly 13 million children bullied every year through programs aimed at understanding the issues surrounding bullying and cyberbullying, their prevalence and impact, as well as provide prevention and intervention techniques, resources, and support.



585,777
students, parents, and professionals reached



216
youth & their families received free counseling

COMMUNITY OUTREACH

Since 2008, the Megan Meier Foundation has reached 585,777 students, parents, educators and other professionals through educational trainings and awareness events. In the past 8 years, the Foundation has led 24 leadership workshops in the St. Louis Metropolitan area serving more than 159,000 middle and high school students and sponsors and awarded 31 scholarships to high school seniors. The Foundation's Resource Center has provided free mental health counseling to over 216 youth and their families affected by bullying and cyberbullying-related trauma since 2016. Programs seek to increase understanding and awareness of issues surrounding bullying and cyberbullying, as well as provide necessary tools and resources to promote change through acceptance, compassion, and leadership.



ACCOMPLISHMENTS

- 2009** • "Teen Line" awarded Tina Meier with their Humanitarian of the Year Award
- 2011** • Tina Meier accepted a Presidential invitation to attend the 2011 White House Anti-Bullying Conference
- 2011** • ABC Family released the movie "Cyberbully", partially based on Megan's story
- 2013** • Tina Meier was honored by the Missouri Human Rights Commission with the Judge Arnold Krekel Trailblazer Award
- 2015** • Tina Meier was a Women in Leadership honoree by Tribute to Success
- 2016** • Tina Meier was featured as TEDxBEND speaker in Bend, Oregon
- 2017** • Tina Meier received the GRIT Award
- 2019** • Organizational certification through the Department of Mental Health
- 2021-2024** • Organizational member of the United Way Safety Net



PROGRAMS

- Keynote and School-Based Presentations
- Educational Video Curriculum
- "Change Starts With Me" Leadership Workshops
- Resource Center
 - Youth and Family Support
 - Mentorships
- Counseling Center
 - Individual Mental Health Counseling
 - Virtual Telehealth Counseling Services
 - Group and School Based Therapy
- Megan Meier Memorial Scholarship
- Megan Meier Day on October 17th



EVENTS

- Play Fore! Megan Charity Golf Tournament
- Trivia Night
- Gobble Bowl

Creative ways to bring Tina Meier to your community:

✔ **Team up with two or three other local schools and schedule multiple assemblies on the same day.** This cuts the speaking fee by at least 50% for your school and it helps the Megan Meier Foundation reach more students who may be in need of resources.

✔ Another good option is to **find sponsors.** Make a list of the largest businesses or organizations in your area, and then go visit the top five in person. Ask them to underwrite the program, and offer something in return (such as showing their logo at the event or letting them introduce the session). Examples: Rotary Club, Kiwanis, Lions Club, Elks, Chamber of Commerce. Remember: when they donate to the school, it's a tax write off!

✔ Print off the brochure and present it to **your local PTO group.** If they can't fund it directly, they can normally steer you toward potential sponsors.

✔ Check with school administration for **funding provided by the Associated Student Body.** For teacher in-service program, ask about Staff Development - Title VI funding.

✔ Apply for other **grant monies** from your state by contacting your state Department of Human Services and State Department of Education. They can direct you to the correct office. Contact other local agencies in your county that already have grant monies from state agencies. For example, the Criminal Justice Department or Department of Public Safety might have dispersed funds into mental health agencies or programs mentoring youth.

✔ **Plan to integrate Tina's presentation** into a major theme such as Anti-Bullying Week, Mental Illness Awareness Week, Character Education, etc. Depending on your theme, federal grant money may be available. Check with your school district or federal government office to find out who is dispensing these funds in your state and request an application.

✔ **Invite multiple clubs** on campus to participate and help raise funds for the project. A cooperative student body effort helps students learn about the realities of the time and effort required to locate funding in the real world.

✔ **Consider a virtual presentation or purchase our educational video.** If a keynote presentation is out of your budget, consider scheduling a virtual presentation and Q&A with Tina Meier. Even more affordable is our educational video with detailed curriculum and discussion questions included. Contact us to learn more!



“

“Your story hit home so hard... you saved my life. Until now, I didn't know how much it would have mattered if I had taken my life. Life is too precious to waste; a lesson I never thought of until today. Thank you.”

”